

# Glutathione IV

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## What is it?

Glutathione is the most important and powerful antioxidant in our body. It is made from a combination of 3 simple amino acids: cysteine, glycine and glutamine, which cannot be supplemented orally. It protects cells from free radical damage and supports your immune system and mitochondrial function. Our bodies make Glutathione but levels decrease as we age.

## What does it do?

- Protects cells from free radical damage (molecules that damage cells and cause the harmful effects of aging)
- Improves cellular function
- Increases Glutathione levels as levels decrease with aging, chronic illness, and environmental stressors

## How will it help me?

- Scavenge free radicals and toxins
- Enhance the immune system
- Boost mitochondrial function
- Maintain health and decrease the aging effect at the cellular level

## How will I feel?

- Improved sleep and mental clarity
- Enhanced relaxation and emotional well-being
- Improved strength