

# Myers' Cocktail

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## What is it?

A formula of intravenous vitamins, minerals and other nutrients developed by Dr John Myers. It is used to treat symptoms of chronic ailments such as Fibromyalgia, chronic fatigue, migraines, muscle spasms and vitamin deficiencies.

## What's in it?

- Multiple B vitamins (B1, B2, B3, B5, B6, B12)
- Vitamin C
- Magnesium
- Calcium

## How will it help me?

- Vitamin C enhances immune function and antioxidant properties
- B vitamins help boost energy by acting as cofactors for cellular function
- Magnesium is a critical nutrient for DNA function and a myriad of biochemical reactions in the body supporting muscle and nerve function
- Calcium supports skeletal structure and function and plays a vital role in muscle and nerve function

## How will I feel?

- Improved energy and decreased stress levels
- Enhanced immune system
- Reduced fatigue and pain